

UFO HUB



1
00:00:23,250 --> 00:00:14,330

[Music]

2
00:00:23,260 --> 00:00:26,260

you

3
00:00:30,700 --> 00:00:29,440

my name is Cheryl Costa I'm a resident

4
00:00:33,010 --> 00:00:30,710

of upstate New York

5
00:00:36,280 --> 00:00:33,020

I'm a journalist for the Syracuse New

6
00:00:41,380 --> 00:00:36,290

Times and I'm a talk show host on kco

7
00:00:44,229 --> 00:00:41,390

our digital radio this conversation I

8
00:00:46,570 --> 00:00:44,239

wanted to have with you about the the

9
00:00:48,910 --> 00:00:46,580

issue of consciousness as it regards to

10
00:00:51,280 --> 00:00:48,920

the UFO community

11
00:00:55,579 --> 00:00:51,290

I grew up in a clairvoyant family

12
00:01:02,520 --> 00:00:59,639

maternal side of my family on down the

13
00:01:05,910 --> 00:01:02,530

paternal side my father's had the family

14

00:01:09,810 --> 00:01:05,920

and an interest in a focus into

15

00:01:12,210 --> 00:01:09,820

shamanism from from North Africa runs

16

00:01:14,399 --> 00:01:12,220

down the family so needless to say

17

00:01:19,320 --> 00:01:14,409

myself and my siblings got kind of a

18

00:01:23,160 --> 00:01:19,330

double whammy of awareness and since the

19

00:01:27,179 --> 00:01:23,170

early days of my studying of UFOs back

20

00:01:30,809 --> 00:01:27,189

in the late 1960s I became aware acutely

21

00:01:36,380 --> 00:01:30,819

that ESP telepathy and just the whole

22

00:01:41,419 --> 00:01:36,390

general consciousness stuff was an

23

00:01:44,550 --> 00:01:41,429

important issue with regards to UFOs

24

00:01:48,809 --> 00:01:44,560

these days here we are 40 or 50 years

25

00:01:52,859 --> 00:01:48,819

later I have been a practicing Wiccan

26

00:01:55,020 --> 00:01:52,869

for for 40 years I lived almost ten

27

00:01:58,559 --> 00:01:55,030

years in a Buddhist monastery I'm an

28

00:02:02,520 --> 00:01:58,569

ordained Buddhist monastic and the one

29

00:02:08,040 --> 00:02:02,530

thing I have come to understand is the

30

00:02:12,750 --> 00:02:08,050

idea that we as beings are not what we

31

00:02:16,740 --> 00:02:12,760

see here in the flesh okay we are I am I

32

00:02:19,800 --> 00:02:16,750

am the the being behind this mask of

33

00:02:23,160 --> 00:02:19,810

flesh in these eyes okay I am in mortal

34

00:02:25,830 --> 00:02:23,170

I've had many names but I have none I've

35

00:02:30,780 --> 00:02:25,840

had millions of lifetime's and and

36

00:02:33,449 --> 00:02:30,790

everyone is like this okay and that our

37

00:02:35,869 --> 00:02:33,459

creative spark that God sparked the

38

00:02:38,339 --> 00:02:35,879

force whatever you want to call it is

39

00:02:40,649 --> 00:02:38,349

when in each one of us that is our life

40

00:02:43,770 --> 00:02:40,659

force and that life force is not

41

00:02:46,020 --> 00:02:43,780

separate from the great consciousness

42

00:02:48,509 --> 00:02:46,030

that all that is the great mind is the

43

00:02:52,949 --> 00:02:48,519

Buddhist call it we are connected to

44

00:02:55,089 --> 00:02:52,959

everything everyone everywhere every

45

00:02:58,179 --> 00:02:55,099

whim

46

00:03:00,699 --> 00:02:58,189

it crosses temp time does not exist in

47

00:03:07,059 --> 00:03:00,709

the context of our living essence in our

48

00:03:09,429 --> 00:03:07,069

living Souls and that's where UFO ology

49

00:03:11,349 --> 00:03:09,439

I think needs to get away from the nuts

50

00:03:13,319 --> 00:03:11,359

and bolts side of things a little bit

51
00:03:16,479 --> 00:03:13,329
and start looking at consciousness

52
00:03:18,550 --> 00:03:16,489
because while I can go to another

53
00:03:20,589 --> 00:03:18,560
country and to people who to different

54
00:03:22,780 --> 00:03:20,599
languages can't talk to each other if we

55
00:03:25,300 --> 00:03:22,790
have any amount of intuitive quality

56
00:03:29,440 --> 00:03:25,310
between us we can get the message across

57
00:03:32,440 --> 00:03:29,450
on a nonverbal level and I think that's

58
00:03:35,819 --> 00:03:32,450
what's gonna I think the ETS are waiting

59
00:03:39,039 --> 00:03:35,829
for us to wake up a little bit more and

60
00:03:44,220 --> 00:03:39,049
the evidence that I've seen is people

61
00:03:48,940 --> 00:03:44,230
who have been touched by et experiencers

62
00:03:51,360 --> 00:03:48,950
abductees that sort of thing we've all

63
00:03:54,780 --> 00:03:51,370

turned into mystics

64

00:03:56,640 --> 00:03:54,790

it's weird it's it's um it's these

65

00:03:59,280 --> 00:03:56,650

people find themselves in this situation

66

00:04:01,740 --> 00:03:59,290

I've known people who were completely

67

00:04:04,020 --> 00:04:01,750

atheist or agnostic about their about

68

00:04:07,590 --> 00:04:04,030

faith subjects made or suddenly their

69

00:04:09,949 --> 00:04:07,600

spiritual I know people were hell fire

70

00:04:12,750 --> 00:04:09,959

brimstone bible thumpers and suddenly

71

00:04:16,409 --> 00:04:12,760

they're a little less Dogma and they're

72

00:04:18,270 --> 00:04:16,419

more spiritual I've seen everything

73

00:04:19,920 --> 00:04:18,280

across the board of people that suddenly

74

00:04:23,000 --> 00:04:19,930

have one of these experiences and

75

00:04:28,350 --> 00:04:23,010

suddenly their excuse expression

76
00:04:32,870 --> 00:04:28,360
tree-hugging almost new-age view type

77
00:04:36,360 --> 00:04:32,880
people and of course because I did live

78
00:04:39,630 --> 00:04:36,370
seven years in a Buddhist monastery I

79
00:04:42,810 --> 00:04:39,640
have a handle on meditation and quieting

80
00:04:45,300 --> 00:04:42,820
yourself and everything and there's a

81
00:04:47,130 --> 00:04:45,310
lot to be said to quieting yourself and

82
00:04:50,100 --> 00:04:47,140
of course our culture doesn't want to

83
00:04:52,320 --> 00:04:50,110
quiet you we've got TV blaring at you on

84
00:04:56,250 --> 00:04:52,330
a thousand channels we got radio being

85
00:04:58,260 --> 00:04:56,260
coming through your phone we have all

86
00:05:01,020 --> 00:04:58,270
kinds of social media coming through

87
00:05:06,330 --> 00:05:01,030
your phone and people don't have time to

88
00:05:07,890 --> 00:05:06,340

have that introspection time to listen

89

00:05:10,440 --> 00:05:07,900

to that little voice in their heart

90

00:05:15,659 --> 00:05:10,450

which is the connection to everything

91

00:05:18,810 --> 00:05:15,669

and that's a shame but if you truly

92

00:05:21,270 --> 00:05:18,820

truly want to be connected and

93

00:05:23,730 --> 00:05:21,280

understand this whole thing with ET you

94

00:05:27,240 --> 00:05:23,740

really need to start looking at the idea

95

00:05:30,240 --> 00:05:27,250

of being connected and learning to quiet

96

00:05:31,770 --> 00:05:30,250

yourself and you don't have to meditate

97

00:05:33,750 --> 00:05:31,780

like you know temple Buddhist like a

98

00:05:35,969 --> 00:05:33,760

Buddhist temple for hours and hours give

99

00:05:37,440 --> 00:05:35,979

yourself two minutes a day two to five

100

00:05:40,909 --> 00:05:37,450

minutes the day don't try for longer

101
00:05:43,469 --> 00:05:40,919
just give me two minutes a day of

102
00:05:46,430 --> 00:05:43,479
quietness if you have to do it on the

103
00:05:48,230 --> 00:05:46,440
throne do it there just

104
00:05:50,900 --> 00:05:48,240
by yourself and just clear the thoughts

105
00:05:54,080 --> 00:05:50,910
in your head don't worry about the car

106
00:05:58,030 --> 00:05:54,090
the dog the kids the house just

107
00:06:01,580 --> 00:05:58,040
two minutes alone with your thoughts I

108
00:06:03,610 --> 00:06:01,590
think it's important that people learn

109
00:06:05,800 --> 00:06:03,620
to quiet themselves

110
00:06:07,270 --> 00:06:05,810
I'm sorry if you think well I don't

111
00:06:10,120 --> 00:06:07,280
believe in Buddha you don't have to

112
00:06:13,659 --> 00:06:10,130
believe in Buddhism just accept the

113
00:06:16,090 --> 00:06:13,669

premise that you can your soul essence

114

00:06:20,159 --> 00:06:16,100

your spiritual essence is connected to

115

00:06:22,709 --> 00:06:20,169

everything everywhere

116

00:06:24,029 --> 00:06:22,719

and and if you look at Christian

117

00:06:26,309 --> 00:06:24,039

doctrine you know one of the great

118

00:06:29,189 --> 00:06:26,319

Commandments is love God is love thy God

119

00:06:31,920 --> 00:06:29,199

as I self are with all your heart okay

120

00:06:34,409 --> 00:06:31,930

and in a second part of that is love thy

121

00:06:36,869 --> 00:06:34,419

neighbor as I simple et's a neighbor

122

00:06:39,059 --> 00:06:36,879

might be a long ways neighbor but he's a

123

00:06:44,279 --> 00:06:39,069

neighbor okay

124

00:06:46,980 --> 00:06:44,289

and by quieting yourself might just open

125

00:06:49,679 --> 00:06:46,990

your heart enough that your neighbor

126
00:06:53,010 --> 00:06:49,689
might speak to you and a lot of people

127
00:06:54,719 --> 00:06:53,020
who have been experiencers have had very

128
00:06:56,879 --> 00:06:54,729
one summer after they got past their

129
00:07:01,589 --> 00:06:56,889
fears and everything have had wonderful

130
00:07:04,040 --> 00:07:01,599
experiences with those folks and this is

131
00:07:06,920 --> 00:07:04,050
an important thing and if

132
00:07:08,589 --> 00:07:06,930
if we're going to have disclosure it's

133
00:07:11,210 --> 00:07:08,599
gonna have to be at a grassroots level

134
00:07:13,240 --> 00:07:11,220
and it's gonna have to be with more

135
00:07:17,450 --> 00:07:13,250
people reaching out where their heart

136
00:07:20,300 --> 00:07:17,460
with joy in their heart and invitation

137
00:07:24,110 --> 00:07:20,310
in their heart come be with us come

138
00:07:26,749 --> 00:07:24,120

break bread with us come join us and et

139

00:07:30,409 --> 00:07:26,759

will come and we've heard many people

140

00:07:33,580 --> 00:07:30,419

from the the ce-5 or close encounters

141

00:07:38,450 --> 00:07:33,590

five community say you send out bright

142

00:07:42,339 --> 00:07:38,460

wishes of great wishes of greetings they

143

00:07:46,460 --> 00:07:42,349

show up and they dance around in the sky

144

00:07:50,679 --> 00:07:46,470

so this seems to be the one thing that

145

00:07:52,239 --> 00:07:50,689

anybody can do you

146

00:07:54,459 --> 00:07:52,249

meditate a little bit a couple minutes

147

00:07:57,189 --> 00:07:54,469

worth of quieting a day it makes the

148

00:07:57,549 --> 00:07:57,199

difference just to two to five minutes a

149

00:08:00,159 --> 00:07:57,559

day

150

00:08:02,829 --> 00:08:00,169

don't try and sit there for an hour I'd

151

00:08:03,639 --> 00:08:02,839

rather have as a as a as a monk I'm

152

00:08:05,709 --> 00:08:03,649

telling you

153

00:08:08,699 --> 00:08:05,719

I'd rather have two minutes of good

154

00:08:09,879 --> 00:08:08,709

meditation than 45 minutes of struggling

155

00:08:13,539 --> 00:08:09,889

okay

156

00:08:15,999 --> 00:08:13,549

don't be macho about it just learn to do

157

00:08:17,949 --> 00:08:16,009

two to five minutes and if you get good

158

00:08:19,509 --> 00:08:17,959

at it you can do one do it two to five

159

00:08:22,209 --> 00:08:19,519

minutes in the morning do two to five

160

00:08:24,579 --> 00:08:22,219

minutes a little bit for bedtime fine

161

00:08:27,699 --> 00:08:24,589

great do it more often you do it the

162

00:08:29,619 --> 00:08:27,709

better it is I find it grounds me from

163

00:08:31,509 --> 00:08:29,629

all that all the goofy stuff that goes

164

00:08:33,800 --> 00:08:31,519

on in the day gives me a couple of

165

00:08:36,800 --> 00:08:33,810

minutes of peace

166

00:08:39,649 --> 00:08:36,810

okay and yes I lived in a Buddhist

167

00:08:43,040 --> 00:08:39,659

monastery yes I can do 35 40 minutes of

168

00:08:46,189 --> 00:08:43,050

meditation but for the most part my most

169

00:08:47,869 --> 00:08:46,199

effective meditation is two to seven

170

00:08:49,759 --> 00:08:47,879

minutes worth of meditation sometimes

171

00:08:53,329 --> 00:08:49,769

I'll take a couple of minutes from my

172

00:08:55,249 --> 00:08:53,339

computer I'll step away sit down on a

173

00:08:56,329 --> 00:08:55,259

stool or someplace and just quiet myself

174

00:08:59,140 --> 00:08:56,339

for a few minutes

175

00:09:03,040 --> 00:08:59,150

Center myself

176

00:09:06,740 --> 00:09:03,050

and just like go of all stress and you'd

177

00:09:09,320 --> 00:09:06,750

be surprised how settled to become

178

00:09:11,180 --> 00:09:09,330

used to be everybody went to church most

179

00:09:13,910 --> 00:09:11,190

everybody went to church some faith or

180

00:09:16,610 --> 00:09:13,920

another okay and there have been people

181

00:09:18,350 --> 00:09:16,620

falling away from the faith okay

182

00:09:20,690 --> 00:09:18,360

they just got sick the rules in the

183

00:09:23,300 --> 00:09:20,700

dogma and all of that a lot of people I

184

00:09:24,920 --> 00:09:23,310

mean most the mainstream debates here in

185

00:09:27,080 --> 00:09:24,930

the United States I've got a friend of

186

00:09:30,200 --> 00:09:27,090

mine who's a chaplain a college chaplain

187

00:09:34,100 --> 00:09:30,210

and she she told me quite literally we

188

00:09:36,140 --> 00:09:34,110

are hemorrhaging from the pews we are

189

00:09:37,850 --> 00:09:36,150

losing people left and right but are

190

00:09:40,370 --> 00:09:37,860

they completely going away from

191

00:09:43,640 --> 00:09:40,380

spirituality no they're joining

192

00:09:45,710 --> 00:09:43,650

face-like Wicca suddenly this year

193

00:09:49,400 --> 00:09:45,720

they're near times last this past

194

00:09:52,220 --> 00:09:49,410

December December of 2018 had an article

195

00:09:54,110 --> 00:09:52,230

that said that there are now more Wiccan

196

00:09:56,690 --> 00:09:54,120

witches in the United States than there

197

00:10:00,650 --> 00:09:56,700

are the United Church of Christ

198

00:10:02,420 --> 00:10:00,660

Presbyterians you know so I mean people

199

00:10:05,650 --> 00:10:02,430

are coming back to spirituality but

200

00:10:10,190 --> 00:10:05,660

they're they're not doing it through the

201

00:10:12,430 --> 00:10:10,200

rope verse structure of of the

202

00:10:14,570 --> 00:10:12,440

traditional Christian Judeo faith and

203

00:10:16,040 --> 00:10:14,580

and that's a shame there's there's

204

00:10:18,470 --> 00:10:16,050

there's some richness in those

205

00:10:22,970 --> 00:10:18,480

traditions but I think they got too full

206

00:10:25,870 --> 00:10:22,980

of themselves and I think that's what

207

00:10:29,420 --> 00:10:25,880

people see is the hypocrisy in the

208

00:10:33,410 --> 00:10:29,430

public face and administration of the

209

00:10:34,970 --> 00:10:33,420

faiths okay if you go really into the

210

00:10:37,580 --> 00:10:34,980

Bible there's plenty of wonderful

211

00:10:39,110 --> 00:10:37,590

teachings but people seem to just want

212

00:10:40,970 --> 00:10:39,120

to go in there pull out a few phrases

213

00:10:42,650 --> 00:10:40,980

and beat somebody over a head beat the

214

00:10:45,590 --> 00:10:42,660

gays over the head beat women over the

215

00:10:49,400 --> 00:10:45,600

head beat other colors over the head and

216

00:10:50,990 --> 00:10:49,410

and and that's wrong okay because if you

217

00:10:54,310 --> 00:10:51,000

look at the greater book and you look at

218

00:10:57,260 --> 00:10:54,320

the greater story the general story is

219

00:11:00,110 --> 00:10:57,270

love God the great if nothing else the

220

00:11:02,000 --> 00:11:00,120

great consciousness whatever face of God

221

00:11:05,510 --> 00:11:02,010

you want to put on it

222

00:11:08,570 --> 00:11:05,520

okay in the Hindu faith these have 33

223

00:11:11,330 --> 00:11:08,580

million gods they all say it's Brahma

224

00:11:13,820 --> 00:11:11,340

it's that one core God but different

225

00:11:15,430 --> 00:11:13,830

aspects different phases of God to suit

226

00:11:18,010 --> 00:11:15,440

everyone

227

00:11:20,620 --> 00:11:18,020

and I think that an all-loving God would

228

00:11:24,040 --> 00:11:20,630

give us a friendly face for whatever we

229

00:11:26,320 --> 00:11:24,050

perceive we want God to be and I think

230

00:11:29,080 --> 00:11:26,330

people are embracing that kind of a

231

00:11:31,300 --> 00:11:29,090

viewpoint and I think they're also

232

00:11:33,100 --> 00:11:31,310

embracing the idea of this connectedness

233

00:11:36,690 --> 00:11:33,110

with other people we've got too much

234

00:11:39,190 --> 00:11:36,700

divisive myths and our culture's and

235

00:11:40,530 --> 00:11:39,200

like Jesus said love thy neighbor as

236

00:11:43,200 --> 00:11:40,540

thyself

237

00:11:46,200 --> 00:11:43,210

all your neighbors don't tell me oh but

238

00:11:47,850 --> 00:11:46,210

those people don't count okay I hear a

239

00:11:49,890 --> 00:11:47,860

lot of people saying that these days

240

00:11:51,840 --> 00:11:49,900

that the immigrants don't count or the

241

00:11:55,620 --> 00:11:51,850

blacks don't count or the gays don't

242

00:11:58,560 --> 00:11:55,630

count everybody counts every living

243

00:12:01,290 --> 00:11:58,570

thing counts

244

00:12:03,720 --> 00:12:01,300

so here we have that connectiveness with

245

00:12:06,360 --> 00:12:03,730

sentient beings but we also are supposed

246

00:12:08,580 --> 00:12:06,370

to have connectiveness with the other

247

00:12:11,340 --> 00:12:08,590

creatures of the earth God created them

248

00:12:12,930 --> 00:12:11,350

two of the great creator of great maker

249

00:12:16,110 --> 00:12:12,940

whatever you want to call it created

250

00:12:19,220 --> 00:12:16,120

them too so we need to develop this deep

251
00:12:21,210 --> 00:12:19,230
spirituality not necessarily deep dogma

252
00:12:23,370 --> 00:12:21,220
that's my viewpoint

253
00:12:27,360 --> 00:12:23,380
I mean I'm technically an orthodox

254
00:12:30,570 --> 00:12:27,370
Tibetan Buddhist but I I talk very much

255
00:12:34,170 --> 00:12:30,580
like us then or I talk very much like a

256
00:12:39,390 --> 00:12:34,180
very liberal Tibetan galoop a tradition

257
00:12:41,520 --> 00:12:39,400
which is very reformed nothing has to be

258
00:12:43,480 --> 00:12:41,530
painted in stone when it comes to your

259
00:12:46,480 --> 00:12:43,490
beliefs

260
00:12:49,359 --> 00:12:46,490
just sell simple I have one llama who's

261
00:12:51,699 --> 00:12:49,369
added to it is don't beat yourself up

262
00:12:53,940 --> 00:12:51,709
cut yourself some slack but don't let

263
00:12:58,879 --> 00:12:53,950

yourself get away with murder

264

00:13:01,860 --> 00:12:58,889

okay relax enjoy it and embrace

265

00:13:04,290 --> 00:13:01,870

something and let it fill you and the

266

00:13:06,449 --> 00:13:04,300

best way to let it fill you is to

267

00:13:08,460 --> 00:13:06,459

meditate a little bit every day two to

268

00:13:10,350 --> 00:13:08,470

five minutes a day it's an easy

269

00:13:12,449 --> 00:13:10,360

discipline I know people they all do

270

00:13:14,250 --> 00:13:12,459

busy you don't have to go to a temple

271

00:13:16,620 --> 00:13:14,260

like I said you can just go over there

272

00:13:18,210 --> 00:13:16,630

and sit in a stool and do it you can go

273

00:13:22,360 --> 00:13:18,220

in on the throne in the bathroom close

274

00:13:24,050 --> 00:13:22,370

the door and have two minutes of peace

275

00:13:27,470 --> 00:13:24,060

as well

276

00:13:29,860 --> 00:13:27,480

that's the message and people want to

277

00:13:32,140 --> 00:13:29,870

make your life better

278

00:13:35,079 --> 00:13:32,150

feel better about things maybe over time

279

00:13:37,240 --> 00:13:35,089

your awareness will spike up a little

280

00:13:40,480 --> 00:13:37,250

bit and you might become aware of a

281

00:13:44,110 --> 00:13:40,490

bigger world around you like my cousins

282

00:13:46,960 --> 00:13:44,120

and I see there are many things around

283

00:13:49,480 --> 00:13:46,970

us that most people do not see and one

284

00:13:54,070 --> 00:13:49,490

of my llamas in Buddhist temples told me

285

00:13:56,110 --> 00:13:54,080

most people just need to expand the

286

00:13:58,660 --> 00:13:56,120

reality a little bit

287

00:14:00,250 --> 00:13:58,670

and people say well ETSI oh they just

288

00:14:02,170 --> 00:14:00,260

come down here in flying saucers they've

289

00:14:06,370 --> 00:14:02,180

been walking among us for years we're

290

00:14:08,650 --> 00:14:06,380

just not psychologically aware of them

291

00:14:12,249 --> 00:14:08,660

and that's the truth

292

00:14:14,590 --> 00:14:12,259

and I think people that's that's my big

293

00:14:17,259 --> 00:14:14,600

message if you want to be connected in

294

00:14:21,129 --> 00:14:17,269

your faux ology start quieting yourself

295

00:14:25,749 --> 00:14:21,139

be connected to all that is it's as

296

00:14:29,410 --> 00:14:25,759

simple as that we tend to view UFOs in a

297

00:14:30,760 --> 00:14:29,420

physical manifestation context

298

00:14:33,190 --> 00:14:30,770

I talked to people in the UFO community

299

00:14:35,500 --> 00:14:33,200

who want to crawl into the cockpit of

300

00:14:37,750 --> 00:14:35,510

that UFO and look at how are they fly it

301

00:14:40,600 --> 00:14:37,760

looked a kind of Scrolls look like I've

302

00:14:43,780 --> 00:14:40,610

had more than one engineer say I want to

303

00:14:46,450 --> 00:14:43,790

tour their engine room they're strictly

304

00:14:48,040 --> 00:14:46,460

looking at the physical manifestation of

305

00:14:51,400 --> 00:14:48,050

it okay

306

00:14:52,930 --> 00:14:51,410

and how are they going to respond when

307

00:14:55,210 --> 00:14:52,940

they realize that some of these ships

308

00:14:57,070 --> 00:14:55,220

are probably living entities into

309

00:15:01,570 --> 00:14:57,080

themselves and are conscious and

310

00:15:04,210 --> 00:15:01,580

sentient okay it's a big that's what I

311

00:15:06,730 --> 00:15:04,220

mean by expanding your reality there are

312

00:15:09,760 --> 00:15:06,740

things you need to be don't limit what

313

00:15:13,720 --> 00:15:09,770

you can believe can exist because there

314

00:15:15,370 --> 00:15:13,730

are things out there that exists that if

315

00:15:18,430 --> 00:15:15,380

I told you about you would think I was

316

00:15:20,620 --> 00:15:18,440

breathing ly crazy I've talked to other

317

00:15:22,990 --> 00:15:20,630

mystics and they say yeah yeah I deal

318

00:15:25,060 --> 00:15:23,000

with that all the time you know see

319

00:15:27,640 --> 00:15:25,070

there are people walking around on this

320

00:15:30,580 --> 00:15:27,650

world who have opened their awareness up

321

00:15:32,020 --> 00:15:30,590

there are aware of far more things there

322

00:15:33,640 --> 00:15:32,030

is a great life from sakes where there

323

00:15:36,940 --> 00:15:33,650

are far more things in heaven and earth

324

00:15:39,550 --> 00:15:36,950

you know and it's the truth but most

325

00:15:42,379 --> 00:15:39,560

people have this little tunnel vision of

326

00:15:44,150 --> 00:15:42,389

what they think reality is

327

00:15:45,769 --> 00:15:44,160

and they go through the motions of

328

00:15:47,329 --> 00:15:45,779

day-to-day life like they were enough

329

00:15:49,630 --> 00:15:47,339

felt like they're in a stage play

330

00:15:54,210 --> 00:15:49,640

following a script

331

00:16:00,030 --> 00:15:57,600

that's the only advice I can give as far

332

00:16:02,670 --> 00:16:00,040

as how will affect your view of UFO

333

00:16:04,680 --> 00:16:02,680

ology if you expand your reality then

334

00:16:09,480 --> 00:16:04,690

you might be willing to accept some of

335

00:16:13,230 --> 00:16:09,490

the more outlandish ideas here and I'm

336

00:16:14,850 --> 00:16:13,240

not talking conspiracy theory so I know

337

00:16:17,429 --> 00:16:14,860

people who do not believe they're from

338

00:16:19,860 --> 00:16:17,439

these things are from another part of

339

00:16:23,129 --> 00:16:19,870

the galaxy or there may be from another

340

00:16:24,930 --> 00:16:23,139

galaxy or they're from interdimensional

341

00:16:28,680 --> 00:16:24,940

beings

342

00:16:30,420 --> 00:16:28,690

and if they people ask me well what do

343

00:16:32,240 --> 00:16:30,430

you think Cheryl I think all of the

344

00:16:33,920 --> 00:16:32,250

above

345

00:16:35,600 --> 00:16:33,930

just because we don't know how to do it

346

00:16:37,560 --> 00:16:35,610

doesn't mean they don't know how to do

347

00:16:39,150 --> 00:16:37,570

it

348

00:16:40,860 --> 00:16:39,160

and of course there are the cynical

349

00:16:43,590 --> 00:16:40,870

people to seem to think that you know

350

00:16:46,590 --> 00:16:43,600

them talking to us would be like us

351

00:16:50,470 --> 00:16:46,600

talking to the mice you know and it's

352

00:16:54,079 --> 00:16:50,480

not necessarily like that we're thinking

353

00:16:57,470 --> 00:16:54,089

sensitive and usually caring individuals

354

00:17:00,860 --> 00:16:57,480

most of us and if you open your heart to

355

00:17:02,720 --> 00:17:00,870

them eventually there's going to be

356

00:17:04,100 --> 00:17:02,730

enough of us who are opening their heart

357

00:17:06,380 --> 00:17:04,110

to them that they're going to say okay

358

00:17:08,689 --> 00:17:06,390

now we can wait now we can talk to these

359

00:17:10,429 --> 00:17:08,699

people I think the people they've

360

00:17:16,130 --> 00:17:10,439

already talked to are the people they

361

00:17:17,210 --> 00:17:16,140

have had experiencing and and what we

362

00:17:20,569 --> 00:17:17,220

call duck shion's

363

00:17:24,199 --> 00:17:20,579

I think it's just the abduction thing is

364

00:17:25,790 --> 00:17:24,209

overblown as Bob about what four years

365

00:17:28,189 --> 00:17:25,800

all I've ever heard I'll give me an

366

00:17:31,910 --> 00:17:28,199

example number a couple of years ago I

367

00:17:34,070 --> 00:17:31,920

was that a UFO Congress and I had asked

368

00:17:37,460 --> 00:17:34,080

because I was press I was forbidden to

369

00:17:40,280 --> 00:17:37,470

be at the the experiences meeting was

370

00:17:41,840 --> 00:17:40,290

like a Alcoholics Anonymous meeting at

371

00:17:43,880 --> 00:17:41,850

seven o'clock in the morning every day

372

00:17:46,700 --> 00:17:43,890

at the conference right for experiencers

373

00:17:49,160 --> 00:17:46,710

to come in and share their stories and I

374

00:17:51,169 --> 00:17:49,170

after a couple of years from not being a

375

00:17:55,220 --> 00:17:51,179

go there I went to the psychologists who

376

00:17:57,200 --> 00:17:55,230

who act who act like a moderator for it

377

00:17:59,120 --> 00:17:57,210

and I said but I'll leave my press

378

00:18:00,919 --> 00:17:59,130

passes upstairs and I'll forget on my

379

00:18:03,560 --> 00:18:00,929

journalists I'm not gonna out anybody

380

00:18:05,270 --> 00:18:03,570

I've just like to come and learn is I

381

00:18:06,860 --> 00:18:05,280

had been exposed to the same stuff like

382

00:18:08,900 --> 00:18:06,870

on the upper cable channels you know oh

383

00:18:12,440 --> 00:18:08,910

I got abducted I got a probe they did

384

00:18:15,040 --> 00:18:12,450

this they did that you know and I said

385

00:18:16,930 --> 00:18:15,050

oh I can I just come and listen i

386

00:18:22,100 --> 00:18:16,940

half-expected

387

00:18:25,520 --> 00:18:22,110

to go in and meet 35 or 40 people crying

388

00:18:27,860 --> 00:18:25,530

in their coffee that they got probed

389

00:18:31,190 --> 00:18:27,870

okay or they got stuck with an implant

390

00:18:34,790 --> 00:18:31,200

or something I get into this meeting of

391

00:18:36,470 --> 00:18:34,800

the experiencers and there was a hundred

392

00:18:38,810 --> 00:18:36,480

and seventy-five people in there and

393

00:18:41,690 --> 00:18:38,820

this this meeting had all the energy of

394

00:18:45,770 --> 00:18:41,700

a tent revival it was up it was excited

395

00:18:48,350 --> 00:18:45,780

while those offers are cool

396

00:18:50,660 --> 00:18:48,360

it completely opened my eyes to a

397

00:18:53,220 --> 00:18:50,670

different reality that maybe this isn't

398

00:18:56,700 --> 00:18:53,230

what we're being dull

399

00:18:59,700 --> 00:18:56,710

that contact with the ETS is a negative

400

00:19:02,430 --> 00:18:59,710

experience and whitley strieber has

401
00:19:04,720 --> 00:19:02,440
shown us that it's much bigger than we

402
00:19:06,669 --> 00:19:04,730
think it is

403
00:19:08,690 --> 00:19:06,679
John Mackey said it's much bigger than

404
00:19:13,070 --> 00:19:08,700
we think it

405
00:19:16,099 --> 00:19:13,080
and so that's what I think the benefit

406
00:19:17,269 --> 00:19:16,109
is open your mind a little bit you don't

407
00:19:19,249 --> 00:19:17,279
have to believe in every conspiracy

408
00:19:21,499 --> 00:19:19,259
theory out there I don't believe in

409
00:19:23,930 --> 00:19:21,509
every conspiracy theory out there but in

410
00:19:25,940 --> 00:19:23,940
the idea of consciousness and the idea

411
00:19:30,039 --> 00:19:25,950
of a spiritual connection to other

412
00:19:33,320 --> 00:19:30,049
beings of intelligence and compassion a

413
00:19:35,480 --> 00:19:33,330

firm believer in that

414

00:19:38,360 --> 00:19:35,490

there's been evidence of people who have

415

00:19:43,280 --> 00:19:38,370

been cured by the ETS there's been a lot

416

00:19:45,620 --> 00:19:43,290

of evidence of that and the free people

417

00:19:47,930 --> 00:19:45,630

the egg were Mitchell foundation people

418

00:19:50,450 --> 00:19:47,940

they've got lots of documented evidence

419

00:19:52,550 --> 00:19:50,460

of people who said that you know when

420

00:19:55,310 --> 00:19:52,560

after they touch they went from whatever

421

00:19:59,030 --> 00:19:55,320

they were to becoming a very spiritual

422

00:20:01,910 --> 00:19:59,040

almost mystical individual something to

423

00:20:05,450 --> 00:20:01,920

this numbers don't lie I'm a

424

00:20:08,810 --> 00:20:05,460

statistician yes so that's all I have to

425

00:20:10,370 --> 00:20:08,820

offer I think under meaning sample you

426

00:20:15,740 --> 00:20:10,380

talk about

427

00:20:17,899 --> 00:20:15,750

how this fills you I might be good my

428

00:20:21,379 --> 00:20:17,909

college degrees in the arts and it was

429

00:20:23,659 --> 00:20:21,389

achieved later in life okay

430

00:20:27,019 --> 00:20:23,669

in high school I graduated in the bottom

431

00:20:30,080 --> 00:20:27,029

corner of my class I was not a math

432

00:20:32,240 --> 00:20:30,090

person and people who I went to school

433

00:20:35,330 --> 00:20:32,250

with when we published our book a

434

00:20:38,330 --> 00:20:35,340

statistic - said Cheryl where did that

435

00:20:40,370 --> 00:20:38,340

come from and we sometimes hear people

436

00:20:43,299 --> 00:20:40,380

in the creative arts say well sometimes

437

00:20:46,610 --> 00:20:43,309

there's this divine kiss so to speak I

438

00:20:49,850 --> 00:20:46,620

think I had this esoteric download from

439

00:20:52,740 --> 00:20:49,860

someplace and it was suddenly I could do

440

00:20:56,310 --> 00:20:52,750

this okay

441

00:20:58,290 --> 00:20:56,320

and that I think is the important thing

442

00:21:02,060 --> 00:20:58,300

there have been too many instances where

443

00:21:05,910 --> 00:21:02,070

you talk to a playwright or a composer

444

00:21:08,130 --> 00:21:05,920

or an artist and they say I know it's a

445

00:21:13,050 --> 00:21:08,140

lovely piece thank you very much

446

00:21:16,560 --> 00:21:13,060

I didn't really well I did the work it

447

00:21:18,720 --> 00:21:16,570

came from someplace else and this is a

448

00:21:21,180 --> 00:21:18,730

good example of what I'm calling call

449

00:21:23,100 --> 00:21:21,190

the esoteric download from other loving

450

00:21:25,950 --> 00:21:23,110

beings who want to create something

451
00:21:29,820 --> 00:21:25,960
beautiful and let you be the mechanism

452
00:21:31,770 --> 00:21:29,830
to make it you know and there's lots of

453
00:21:33,409 --> 00:21:31,780
examples of this in our culture if you

454
00:21:36,289 --> 00:21:33,419
look at it

455
00:21:38,119 --> 00:21:36,299
and especially child prodigies you know

456
00:21:40,459 --> 00:21:38,129
these five-year-old kids that are

457
00:21:45,499 --> 00:21:40,469
playing Mozart Lee concert pianists you

458
00:21:47,299 --> 00:21:45,509
know that is esoteric download and we've

459
00:21:49,039 --> 00:21:47,309
got enough examples of it and should